

## **Bio Data of Dr Chamkaur Singh**

- 1. Name:** Dr Chamkaur Singh
- 2. Qualification:** M.A., M.P.Ed., Ph.D.
- 3. Designation:** Assistant Professor of Physical Education
- 4. Date of birth:** 01/11/1963
- 5. Permanent address:** H.No. 11, Near Valmik Mandir , Badungar, Patiala (147001)
- 6. Contacts:** Mob - 9779379548. Email - [singhchamkaur96@yahoo.com](mailto:singhchamkaur96@yahoo.com)
- 7. Teaching Experience:**
  - Assistant Professor of Physical Education in Mata Sundri University Girls College Mansa (12 July, 2013 till date)
  - Lecturer of Physical Education in Punjab Education Dep't (Dec 2006 - July 2013)
  - DPE in education department of Chandigarh (Mar 2004 - Dec 2006).
- 8. Academic Achievements**
  - Papers Presented in Conferences/Seminars Proceedings: 04
  - Papers Presented in Conferences/Seminars: 08
  - Papers Published in Research Journals: 02
  - Workshops/Conferences Attended: 02

### **Other Information**

- Attended UGC-Sponsored refresher course, organized from 19-02-2014 to 11-03- 2014 by Academic Staff College, Punjabi University, Patiala.
- Attended UGC-Sponsored Orientation Programme, organized from 08-04-2015 to 05-05- 2015 by Academic Staff College, Punjabi University, Patiala.

### **List of publications**

- 1. Papers in Conference/Seminar Proceedings:**
  - a. “ Importance of Physical Activities and Sports After 35 “ presented in Global Conference on Scientific Culture in Physical Education and Sports, 18<sup>th</sup> Feb 2016 to 20<sup>th</sup> Feb 2016 at Punjabi University, Patiala.
  - b. “Wellness and Community” presented in International Conference on Futuristic Trends in Physical Education, 24<sup>th</sup> to 26<sup>th</sup> Jan 2013, Punjabi University, Patiala.
  - c. “A comparative Study of Pre-competitive anxiety between intervarsity male and Female Athletes ” presented in National Conference on Wellness Through Physical Activity, 17<sup>th</sup> & 18<sup>th</sup> Jan 2014, Punjabi University, Patiala.
  - d. “Life Skill and Health Education” presented in National Seminar on Life Skills Education: Equipping For Life , 16<sup>th</sup> March 2016 at Mata Sahib Kuar Khalsa Girls College of Education.